for charts over 30 mins or higher - the higher the better

1.put 3 EMA on your chart 50 (Green), 100 (red), 200(light blue) EMA on chart to see trend you want to see space between them & them stacked on each other you are only going to trade in their direction & you know this when, a.they are going in the same direction b. when they are stacked one one top of the other in order c.you can see space between them.- they should look like an open fan

- 2. put a 14,3, 3 shochastic on your chart only trade up when the stoch is over 20 & raising only trade down id stoch is under 80 and falling
- 3. put a 20 SMA (dark blue) on you chart only trade up from under it or down from over it- this is so you have room for pips (by the way this SMA should be going the same way as the EMAs! & normal be stacked over or under the 50 EMA in order .. or getting there fast)
- 4. Put on your charts parabolic Sars (Magenta) enter in the direction of the EMAs & the Stoch when you see the 1st Par. Sars come up in the direction you want to trade

with good money management you will win a lot more then you lose

if you want to be real safe check the day stoch again 14,3,3 & make sure you are tading with it.